

NORTH EASTERN COUNTIES ATHLETIC ASSOCIATION

ESTABLISHED 1894 [RE-FORMED 1992]

ROAD RELAY CHAMPIONSHIPS 2021

(Under UK Athletics Rules - Licence Pending)

Supported by START FITNESS

Senior Men, Over 40 Veteran Men, Over 50 Veteran Men, Senior Women, Veteran Women

HETTON LYONS COUNTRY PARK, HETTON-LE-HOLE

SATURDAY 28 AUGUST 2021

Each leg 2 laps - 2.22 miles in total

Hosted by **Houghton Harriers**

Parking: Please use the car park and industrial estate to the south of Hetton Lyons Park. Please car share if possible and park with consideration for local residents, businesses and other road users.

Considerate parking is essential to the ongoing use of this venue.

Start Times: 12:00 4 Leg Relay: Senior Women, Veteran Women (Over 35), Veteran Men (Over 50)

13:15 6 Leg Relay: Senior Men, Veteran Men (Over 40)

CONDITIONS OF ENTRY

The championships are open to members of NECAA Clubs affiliated to England Athletics who meet one of the following criteria:

- (a) By birth
- (b) By nine months continuous bona fide residence in the County immediately prior to the competition
- (c) By service in a Unit of HM Forces stationed in the County for nine months immediately prior to the date of competition

NECAA operate under UKA G2 (21) S6 as one county

All competitors must be first claim membership for the club they represent.

Guest teams may only compete with advance invitation from the NECAA Road Running Committee.

All competitors must wear registered club colours as failure to do so may lead to disqualification. (see UK Athletics Rule T5 (143) S1 (3), including supplement 1/4/19). Club members must wear the same vest design

Senior Men and Over 40 Veteran Men's teams will consist of six runners. Veteran Men must be 40 on the day of the race.

Women's and Over 50 Veteran Men's teams will consist of four runners. Veteran Women must be 35 on the day of the race.

All runners must be at least 15 years old on the day of the race.

Runners can only compete in one category and can only run one leg.

NECAA medals will be awarded to the first three clubs in each championship category. (Only one set of medals can be won by a club in each category.)

The **Royal Signals Trophy** will be awarded to the first team in the Senior Men's Championship.

Clubs knowingly fielding ineligible athletes may be banned from future Championships.

The organisers reserve the right to delay the start time or to postpone the race, if necessary.

If the event is running behind schedule, there may be a mass start for final leg runners in their respective race. All competitors must be ready to run at short notice.

Club entries to be completed either by post or email.

ENTRIES CLOSE ON MONDAY 16 AUGUST 2021

NECAA ROAD RELAY CHAMPIONSHIPS 2021

SATURDAY 28 AUGUST 2021 ENTRY FORM

To: David Daniels, Race Secretary
2 Greenside Avenue,
High Howdon,
Wallsend,
Tyne & Wear,
NE28 0NH

Name of Club: _____

Name of Secretary: _____ Signature: _____

Date: _____ Tel. No.: _____

*Email Address: _____

Please enter:		£
<input type="checkbox"/>	Senior Men's teams @ £30	_____
<input type="checkbox"/>	Over 40 Veteran Men's teams @ £30	_____
<input type="checkbox"/>	Over 50 Veteran Men's teams @ £20	_____
<input type="checkbox"/>	Senior Women's teams @ £20	_____
<input type="checkbox"/>	Veteran Women's teams @ £20	_____
GRAND TOTAL		_____

Cheques payable to NECAA

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* A few days before the race you will be asked by email to submit a list of probable runners - you will be allowed to change this list on race day.

Teams must be declared 30 minutes before the race.

Race numbers to be collected on the day from registration desk at Race HQ.